



Wesley Methodist Primary School

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Dear Parent/Carer,

NSPCC: Talk Pants!

In the remaining days, as part of the national curriculum for PSHE, we will be discussing the NSPCC's Underwear rule in our PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills and how to stay safe from sexual abuse without giving explicit information or telling scary stories or even using the term "sexual abuse". We will be teaching our pupils the NSPCC's underwear rule using the 'PANTS' acronym, which is like a green cross code for staying safe. In the lesson, children will learn about the "PANTS" acronym, which stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will be delivered in a way that is fully age appropriate. We will introduce a range of ideas to the children, these include:

- "appropriate" and "inappropriate" touching
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with us, more information can be found at nspcc.org.uk/underwearrule.

If you have any questions or concerns please don't hesitate to ask.

Thank you,

Mr R Jones
Headteacher