



Wesley Methodist Primary School

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26th January 2024

Dear Parents/Carers,

Our school had been chosen to be part of an exciting initiative to encourage more children and their families to walk to school. **WOW – the walk to school challenge** is delivered by Living Streets, the UK charity for everyday walking, to help as many children as possible experience the benefits of walking to school.

The pupil-led challenge enables children to self-report how they get to school every day when they are in class. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least once a week for a month, they get rewarded with a badge. It's that simple!

What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive to school refreshed and ready to learn
- Helps reduce congestion and pollution at the school gates

What if we can't walk to school?

Park and Stride to help your child earn their WOW badges. You can park or hop off public transport **at least ten minutes away** from the school and walk the remaining journey.

A new badge can be earned every month if you walk/wheel, cycle, scoot or Park and Stride at least **once a week**. Pupils will be taking part in **The British Nature Walk**, earning badges ranging from the Urban Fox to Rochdale Canal, while getting closer to the nature found across Britain.

The badges are made in Cornwall from recycled plastic material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts.

We will be starting the scheme on Monday 5th February, so it would be great to see everyone get involved, even if it is just one journey a week that is more active than everyone will have the opportunity to earn their monthly badge.

Any questions, please contact myself or ask your class teacher.

Kind regards,

Mrs Thomasson

Year 1/2 Teacher/PE Lead